



**2022 MASTERS CYCLO-CROSS
WORLD CHAMPIONSHIPS**



**EAST SUFFOLK
GREAT BRITAIN**

COMPETITION GUIDE 2022



INTRODUCTION

This Document provides the information needed for riders and helpers participating in the 2022 UCI Masters Cyclo-Cross World Championships, for the 2022-2023 UCI Cyclo-Cross Season



VENUE

Trinity Park Showground
East Suffolk – Great Britain
IP3 8UH

Friday 2nd, Saturday 3rd & Sunday 4th December 2022

Contact: info@worldmasterscx.co.uk

Official Event Website: www.worldmasterscx.co.uk



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1 MASTERS RIDERS CATEGORIES

Daily licenses are not accepted, for participation at the UCI Masters Cyclo-Cross World Championships. (See article UCI 5.4.001.)

5.4.004

The championships are organized in 5 years age groups: 35-39, 40-44, etc. Age groups will be combined when less than 6 riders enter an age group. In case of combined age, title for the respective 5 years age groups will be awarded (even when only 1 rider is entered.)

CATEGORY

Women and Men Masters 35 - 39 years
Women and Men Masters 40 - 44 years
Women and Men Masters 45 - 49 years
Women and Men Masters 50 - 54 years
Women and Men Masters 55 - 59 years
Women and Men Masters 60 - 64 years
Women and Men Masters 65 - 69 years
Women and Men Masters 70 - 74 years
Women and Men Masters 75 - 79 years
Women and Men Masters 80 + years

YEAR OF BIRTH

1984 to 1988
1979 to 1983
1974 to 1978
1969 to 1973
1964 to 1968
1959 to 1963
1954 to 1958
1949 to 1953
1944 to 1948
1943 and before



2 COMPETITORS SELECTION

Each rider respecting the standards of points 1 and 3 may entry the 2022 UCI Masters Cyclo-Cross World Championships under his/her own responsibility. There is no maximum quota per Nation. The registration is individual.

3 RULES

3.1 PARTICIPATION IN UCI MASTERS WORLD CHAMPIONSHIPS

5.1.001

The category which will be applied for entries to races for the entire season is the category to which the rider will belong on 1 January of the following calendar years.

Masters:

All riders aged 35 and over may ride in the masters world championships. However, the following riders are not eligible:

1. Any rider who has ridden in the UCI cyclo-cross world championships, continental championships or UCI cyclo-cross world cup during the current year.
2. Any rider who has been a member, during the current cyclo-cross season, of a team registered with the UCI.
3. Any rider classified with at least 100 points in the UCI individual cyclo-cross ranking published after the first UCI cyclo-cross world cup event of the current cyclo-cross season.

5.4.001

Only license holders under articles 1.1.001 to 1.1.028 and 5.1.001 may take part in the masters world championships. A race number is only issued on presentation of the license.

3.2 EQUIPMENT

5.4.002

The riders taking part in the masters world championships represent their country, but are permitted to use equipment of their choice.

1.3.012

A bicycle shall not measure more than 185 cm in length and 50 cm in width overall.

1.3.018

For the Cyclo-cross bicycle the width of the tyre (measured between the widest parts) shall not exceed 33 mm and it may not incorporate any form of spike or stud.

1.3.025

Disc brakes are allowed in cyclo-cross training and competition.

For races on the road and cyclo-cross, the use of fixed sprocket is forbidden: a braking system that acts on both wheels is required.

1.3.031

Wearing a rigid safety helmet shall be mandatory during competitions and training sessions.

4 RIDERS REGISTRATION AND ACCREDITATION

4.1 ONLINE REGISTRATION

How?

Through the website worldmasterscx.co.uk page ENTRIES. Only internet registrations received by midnight (GMT) on Monday 14th November are valid, **no last-minute registration on site will be accepted.**

All races are limited to a maximum of 150 riders. A system of waiting list is organised in order to manage a high demand and a fair and even distribution per nation. Thus, the entry confirmation will be sent to the requesting riders afterwards.

When?

The online system opened on the 01/08/2022. **Entries are now closed.**

4.2 RIDERS CONFIRMATION AT THE VENUE

What?

All riders must show up at the time of the rider's confirmation to ensure their participation.

The license check by commissaires is mandatory. All riders must have a valid racing licence with a UCI Code.

The riders will receive Accreditation and Pit Passes when they pick up their numbers.

When, where, who?

Race day	Categories	Number pick-up
Friday 2 December	Women 55-59, 60-64, 65-69, 70-74, 75+ Men 60-64, 65-69, 70-74, 75-79, 80+	Friday 2 December 09.30 – 11.45
Saturday 3 December	Women 45-49, 50-54 Men 55-59	Friday 2 December 14.30 – 16.30 or Saturday 2 December 07.30 – 08.30
Saturday 3 December	Men 40-44, 45-49, 50-54	Friday 2 December 14.30 – 16.30 or Saturday 2 December 09.00 – 11.00
Sunday 4 December	Women 35-39, 40-44 Men 35-39	Sunday 3 December 07.30 – 10.00

Registration closes 1 hour before each race

5 START ORDER / RACE NUMBERS

5.1 START ORDER

The start order will be made for each category by drawing lot following the process as directed by the UCI and supervised by Race Director Mr Ian Poole

5.2 RACE NUMBERS

The race number will be attributed by the Organization committee of the 2022 UCI Masters Cyclo-cross World Championships.

5.3 START PROCEDURES

Riders should report to the Call-Up Area no later than 15 minutes before the start of their race in order for the Jury to undertake clothing and machine compliance checks.

Where mixed categories have the same start time, please proceed to the call-up area allocated to your category.



6 TRAINING SESSIONS

Only riders that have an accepted entry are allowed to participate in Training Sessions and in accordance with the times published in the Race Schedule.

Entry to the course for training shall only be from the Course Entry Point indicated on the Course Map.

7 PROGRAMME

Thursday 1st December 2022

- 10:00-14:00 School Games – Children's Cycling Activities
- 13:00-14:00 UCI Course Inspection
- 14:00-16:00 Open training session

All registrations will take place at the Course HQ from Friday.

Friday 2nd December 2022

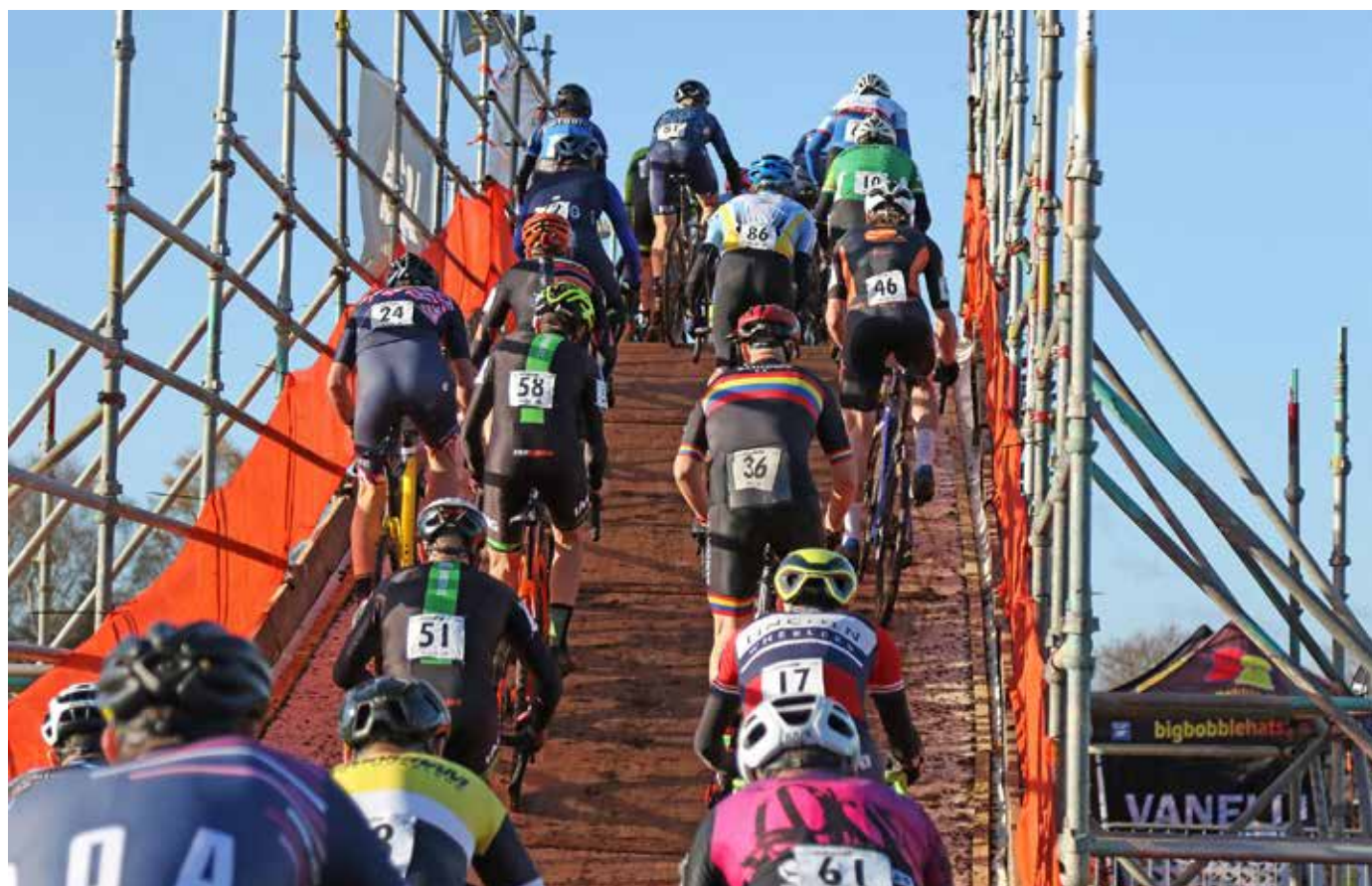
- 08:00 Gates open
- 09:30 Registration opens for Friday riders
- 09:30 Commissaire Course Inspection/Technical Testing
- 10:00-10:30 Practice session (Women's Categories only)
- 10:30-11:30 Practice session (Men 55+, Women 55+ only)
- 11:45 **Women 55-59, 60-64, 65-69, 70-74, 75+ (40 mins)**
- 13:00 **Men 65-69, 70-74, 75-79, 80+ (40 mins)**
- 14:15 **Men 60-64 (40 mins)**
- 14:30-16:30 Registration open for Saturday riders
- 15:15-16:00 Open practice for all Saturday riders
- 15:30 Medal Presentations

Saturday 3rd December 2022

- 07:00 Gates open
- 07:30-08:30 Registration open for Saturday morning riders only
- 07:30 UCI Course Inspection
- 08:00-08:15 Practice session (Women's Categories only)
- 08:15-08:45 Practice session (Saturday morning riders only)
- 09:00-11:00 Registration open for Saturday afternoon riders
- 09:00 **Women 45-49, 50-54 (50 mins)**
- 10:15 **Men 55-59 (50 mins)**
- 11:30-12:00 Practice session (Saturday afternoon riders only)
- 12:15 **Men 50-54 (50 mins)**
- 13:30 **Men 45-49 (50 mins)**
- 14:45 **Men 40-44 (50 mins)**
- 15:50 Presentation of the UCI 2023 World Masters Cyclo-Cross World Championships
- 16:00 Medal Presentations

Sunday 4th December 2022

07:00	Gates open
07:30	Registration opens for UCI Categories
08:00	Commissaire Course Inspection
08:15	Practice session (Women's Categories only)
08:45	Practice session (Men's Categories only)
10:00	Registration opens for all supporting events
09:30	Women 35-39, 40-44 (50 mins)
11:00	Men 35-39 (50 mins)
12:15	Practice session
12:45	Youth Under 16 Boys and Girls (30 mins)
13:45	Under 10s Boys and Girls (10 mins)
14:00	Under 12s Boys and Girls (15 mins)
14:30	UCI / SO / ID World Championship Race
15:00	Medal Presentations
15:30	Closing Ceremony



8 OFFICIAL CEREMONIES

The following points apply to the official ceremonies.

9.1.044

... / ... The World Champion, as well as the second and the third placed riders shall be ready for the official ceremony that shall be conducted under the responsibility of the president of the commissaries panel.

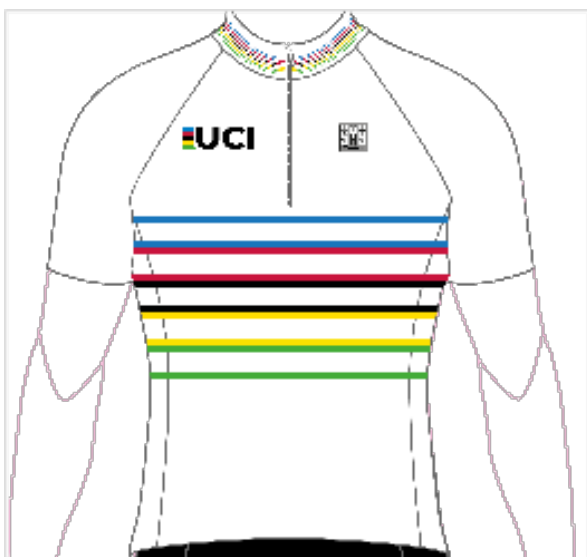
9.1.046

Riders shall appear in racing attire.

The first three riders receive gold, silver and bronze medals, following article [5.4.004](#).



The UCI Masters Cyclo-Cross World Champion jersey is **to be worn during masters cyclo-cross races** of the corresponding category only.



Wearing this jersey during other category's or discipline races is forbidden and may be punish with a fine of 2.000 CHF (UCI article 1.3.072).

9 OFFICIALS

President of the Commissaires Panel	Ludo Smeyers (BEL)
British Cycling Commissaires	Kelvin Hoy (UCI), Lee Shunburne (UCI), Alistair Mackinlay, Len Woffindin, Ray Blackwell

10 ORGANIZING COMMITTEE

Event Director	Steve Grimwood
Race Director	Ian Poole
Finance Director	Paul Moss
Course Manager	Marcus Sharpe
Volunteer Director	Emily Godber
Event Steward Coordinator	Judith Gunion
Registration HQ Director	Susannah Rosenberg
Registration Online Services	Chris Clague
Lead Medic	Ian Day, MCPARA
Deputy Lead Medic	Tracey Day, Reg. Nurse
Doping Control Chaperone Coordinator	Kirsty McLaughlin
Doping Control Supervisor	Jon Carlyon
Overnight Parking Site Manager	Peter Hargroves
Results Services	www.smartiming.co.uk
Manual Results Services	Kirsty McLaughlin
Entry Services	www.britishcycling.org.uk
Announcer	Matt Payne
Branding & Website	Carl Thompson
Social Media / Press	www.velouk.net

11 USEFUL ADDRESSES

Hospital

Ipswich Hospital.
Heath Rd, Ipswich IP4 5PD

7 minutes by car
Distance is 4km from the event site

Phone: +44 (0)1473 712 233
Emergency : +44 999

On Site Management:

From Gates open until 16.30 – Race HQ
Out of hours: Peter Hargroves On-Site Camping
Emergency Contact: +44 (0)7751 806836

12 VENUE

Trinity Park, Felixstowe Road, Ipswich, Suffolk IP3 8UH

Getting to Trinity Park

By Air

London Stansted is only 50 miles from Ipswich. Coachlink offer an hourly service to Colchester Railway Station with frequent rail connections to Ipswich. National Express Coaches offer travel from Stansted to Ipswich via connections from Heathrow and Gatwick airports. Norwich Airport is easily reached from Ipswich. Norwich is approximately an hour away by car and has regular train connections.

Airport transfers

Our preferred partner for group pick up is Kwaremont Travel who can arrange transfers for multiple riders and bikes. Please contact Danny Hepburn on kwaremonttravel.co.uk for further information.

By Sea

Stena Line operates a twice-daily service to Harwich (only 32 miles from Ipswich) from the Hook of Holland. Regular services to Harwich, from Esbjerg are operated by DFDS Seaways.

By Car

The major trunk roads leading to Ipswich are the A12 from London and the South, and the A14 from the Midlands and the North.

By Rail

Trains from London Liverpool Street reach Ipswich in just over an hour. The main East Coastline (serving the North of England and Scotland) regularly connects with an Ipswich service at Peterborough.

By Bicycle

Peaceful lanes and gently undulating countryside make Ipswich and the district perfect terrain for cycling. Cycle routes along many Ipswich roads make reaching the town centre easy. The Ipswich Cycle Route Map is available from Ipswich Tourist Information Centre.

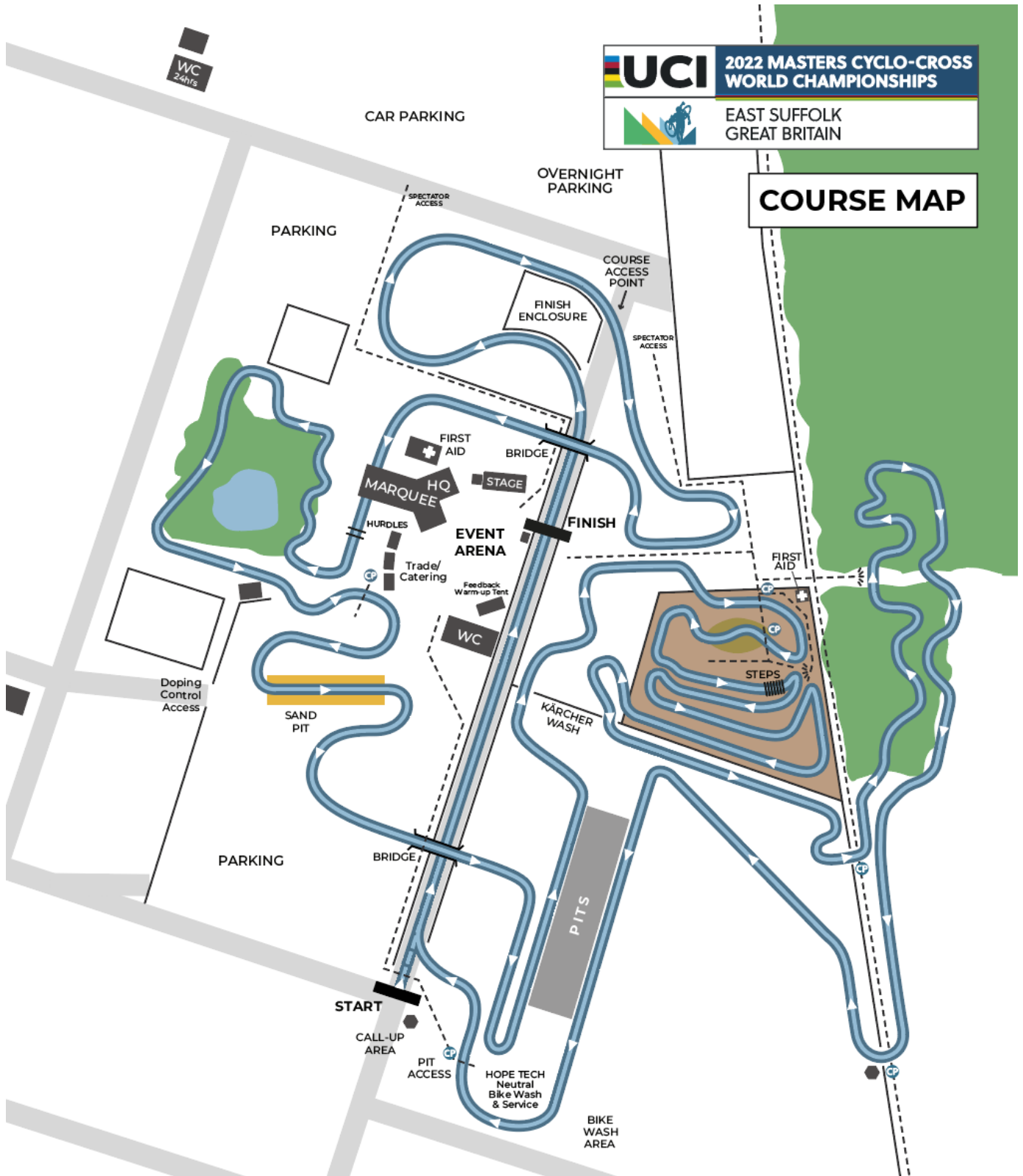
Off-site Parking

Ipswich is a diverse and urban community - not everyone shares our passion for cycling. Please do not leave bikes out or on roof/bike racks overnight as they may be stolen.



13 COURSE MAP

Total length: approx. 2,825m



14 UCI / SO / ID WORLD CHAMPIONSHIP RACE

On Sunday afternoon we are please to welcome international athletes representing the Special Olympics / ID (Intellectual Disability) Cycling.

Race Categories:

M&F U14

M&F U19

M&F 19+

This event is being supported by the British Cyclo-Cross Trust. Spectators and Masters participants are encouraged to remain and support this event.

15 SCHOOL GAMES

On Thursday morning we are pleased to welcome children from local schools taking part in various activities on-site as part of the UK School Games Programme.

All Masters participants are reminded that entry to the course is not permitted before 14.00.

16 ADDITIONAL INFORMATION

Neutral Service

The Organisation is providing a Neutral Service station next to the Equipment Pit / Start area. This Service is provided at no cost to competitors, but any replacement parts used is chargeable.

Tyre Checks

Commissaires will be available during practice to check tyres and make sure they comply with the UCI width regulations.

Power washing

There are 3 Bike Wash Areas in operation. Water is available from various locations around the venue. It is not necessary to bring water to the event.

Bike Wash 1 – This is a Kärcher power wash provided by Hope Technology and manned by the organisation

Bike Wash 2 – In this area it is permitted for riders to use their own washing equipment. Bike Wash Area 2 may only be used during the duration of the race of the individual Rider.

Bike Wash 3 – In this area Riders may use their own equipment to wash bikes during Practice, Training and outside of their individual race times.

Pit Accreditation

All riders will be issued with 2 Pit Passes labelled exclusively for their race. Access to the pit area is not allowed at any other time.

On Site Camping

Overnight camping for motorhomes is provided on site, all vehicles must pre book via the event website for insurance purposes – Drinking Water, Toilets and Waste water disposal is provided on site. Electric hook up is not available. Silent generators are permitted. No noise or music may be played after 21.00pm.

Limited showering facilities are available in the main toilet / changing block in the Arena. Further showering facilities are available elsewhere on-site. Please enquire at Registration for further details.

Mixed Category Races

Where more than one category is racing at the same time, starts will be split with the youngest category starting first with a minimum of 30 seconds between categories

Medal Ceremony

This takes place each day after all races have been completed in accordance with the Race Schedule – it is a requirement in accordance to the regulations of the UCI for the top 3 riders in each age category to be present.

Warm-up Tent

Feedback Sports will provide a complimentary warm-up tent during the 3 days of racing.

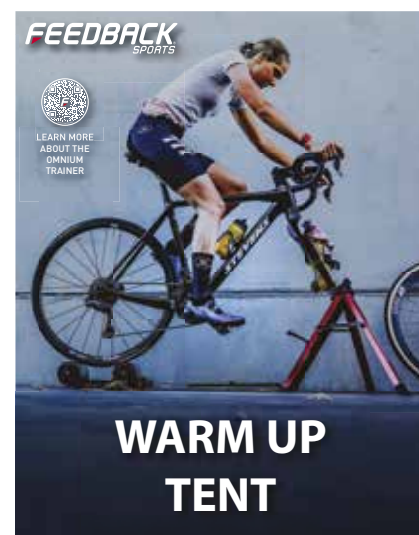
The large tent is located near the race HQ, finish line and food vendors.

Omnium Portable Trainers will be available to use before your race. These trainers accommodate all through axle and quick release bikes and can be set-up quickly.

Feedback Sports staff will be in the tent to help. Contact marketing@feedbacksports.com for more information

Christmas Fair

There is a Christmas fair being held on site in a different area of the venue. Visitors are welcome to attend to view or purchase Christmas gifts. Please contact the event HQ for further information.



Further Information not covered in the Competition guide can be found on the event website www.worldmastercx.co.uk



worldmasterscx.co.uk